

## The Natural Perfume Workbook – Level 1

36

### Essence: Bitter orange

- |   |  |
|---|--|
| <input type="checkbox"/> Benzoin                  | <input type="checkbox"/> Jasmine         |
| <input type="checkbox"/> Bergamot                 | <input type="checkbox"/> Juniper berry   |
| <input checked="" type="checkbox"/> Bitter orange | <input type="checkbox"/> Labdanum        |
| <input type="checkbox"/> Black pepper             | <input type="checkbox"/> Lavender        |
| <input type="checkbox"/> Bois de rose             | <input type="checkbox"/> Nutmeg absolute |
| <input type="checkbox"/> Cedarwood                | <input type="checkbox"/> Oakmoss         |
| <input type="checkbox"/> Clary sage               | <input type="checkbox"/> Peru balsam     |
| <input type="checkbox"/> Clove                    | <input type="checkbox"/> Vetiver         |
| <input type="checkbox"/> Frankincense             | <input type="checkbox"/> Ylang ylang     |

### Classification

- Essential oil
- Absolute
- Concrete
- Resin

### What note is the scent?

- Top
- Middle
- Base

### What words would you use to describe this essence?

- |                                      |                                  |  |
|--------------------------------------|----------------------------------|--|
| <input type="checkbox"/> Agrestic    | <input type="checkbox"/> Floral  | <input type="checkbox"/> Rich              |
| <input type="checkbox"/> Amber       | <input type="checkbox"/> Fresh   | <input type="checkbox"/> Seashore          |
| <input type="checkbox"/> Animalistic | <input type="checkbox"/> Fruity  | <input type="checkbox"/> Sharp             |
| <input type="checkbox"/> Anisic      | <input type="checkbox"/> Green   | <input type="checkbox"/> Soft              |
| <input type="checkbox"/> Apple       | <input type="checkbox"/> Heavy   | <input type="checkbox"/> Spicy             |
| <input type="checkbox"/> Balsamic    | <input type="checkbox"/> Herbal  | <input type="checkbox"/> Sweet             |
| <input type="checkbox"/> Berry       | <input type="checkbox"/> Lemon   | <input type="checkbox"/> Tea               |
| <input type="checkbox"/> Caramel     | <input type="checkbox"/> Light   | <input type="checkbox"/> Woody             |
| <input type="checkbox"/> Citrus      | <input type="checkbox"/> Liqueur | <input type="checkbox"/> Other: List below |
| <input type="checkbox"/> Dry         | <input type="checkbox"/> Marine  |  |
| <input type="checkbox"/> Earthy      | <input type="checkbox"/> Minty   |  |
| <input type="checkbox"/> Edible      | <input type="checkbox"/> Orange  |  |

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How does this scent make you feel?

- Calm
- Comforted
- Erotic/Sexy
- Grounded
- Happy
- Refreshed
- Relaxed
- Stimulated
- Other: \_\_\_\_\_

Does this essence remind you of a specific place, person, feeling, experience, relationship, object, or memory? If so, what is it?

Does this scent remind you of any other essence or perfume you have smelled before? If so, which one(s)?

What color do you associate with this essence, and why?

Compare this essence with others in your perfume kit. Which ones are similar?

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Benzoin      | <input type="checkbox"/> Juniper berry                                  |
| <input type="checkbox"/> Bergamot     | <input type="checkbox"/> Labdanum                                       |
| <input type="checkbox"/> Black pepper | <input type="checkbox"/> Lavender                                       |
| <input type="checkbox"/> Bois de rose | <input type="checkbox"/> Nutmeg absolute                                |
| <input type="checkbox"/> Cedarwood    | <input type="checkbox"/> Oakmoss  |
| <input type="checkbox"/> Clary sage   | <input type="checkbox"/> Peru balsam                                    |
| <input type="checkbox"/> Clove        | <input type="checkbox"/> Vetiver  |
| <input type="checkbox"/> Frankincense | <input type="checkbox"/> Ylang ylang                                    |
| <input type="checkbox"/> Jasmine      | <input type="checkbox"/> Not applicable—doesn't seem close to any other |

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Now, identify where the essence is found on the wheel.

What family does it belong to?

- Floral
- Animalistic
- Marine
- Herbal
- Green
- Minty
- Citrus
- Fruity
- Edible
- Balsamic
- Earthy
- Agrestic
- Woody
- Spicy

What color is associated with it?

- Purple
- Blue
- Green
- Yellow
- Orange/Brown
- Red

Do these results differ from your own impressions? If so, what are the differences?

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### Essence: Black pepper

- |  |  |
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| <input type="checkbox"/> Bitter orange           | <input type="checkbox"/> Labdanum        |
| <input checked="" type="checkbox"/> Black pepper | <input type="checkbox"/> Lavender        |
| <input type="checkbox"/> Bois de rose            | <input type="checkbox"/> Nutmeg absolute |
| <input type="checkbox"/> Cedarwood               | <input type="checkbox"/> Oakmoss         |
| <input type="checkbox"/> Clary sage              | <input type="checkbox"/> Peru balsam     |
| <input type="checkbox"/> Clove                   | <input type="checkbox"/> Vetiver         |
| <input type="checkbox"/> Frankincense            | <input type="checkbox"/> Ylang ylang     |

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| <input type="checkbox"/> Anisic      | <input type="checkbox"/> Green   | <input type="checkbox"/> Soft              |
| <input type="checkbox"/> Apple       | <input type="checkbox"/> Heavy   | <input type="checkbox"/> Spicy             |
| <input type="checkbox"/> Balsamic    | <input type="checkbox"/> Herbal  | <input type="checkbox"/> Sweet             |
| <input type="checkbox"/> Berry       | <input type="checkbox"/> Lemon   | <input type="checkbox"/> Tea               |
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