

The Natural Perfume Workbook – Level 1

Activity 5 Middle Note Horizontal Accords

Middle notes include floral, herbal, and spice. They are the heart of the perfume and bridge the distance between the top and the base of the perfume.

Materials

- Middle Notes – allspice CO2 extract, clary sage, coffee CO2 extract, jasmine concrete, lavender absolute, ylang ylang extra
- 3 bottles and labels
- Dropper
- Small scoop
- 10 drops of perfume alcohol or 10 drops of jojoba oil

Instructions

Set up your work space as described in chapter two.

For each blend, follow the instructions within the worksheet. Add the drops as instructed and describe the resulting fragrance. You may use some of the adjectives listed below, keeping in mind that sometimes the best descriptors are compound words like "cool herbal" or "velvety floral":

- | | | |
|------------|--------------|------------|
| • Agrestic | • Fruity | • Rich |
| • Amber | • Grassy | • Round |
| • Animalic | • Green | • Seashore |
| • Anisic | • Harmonious | • Sharp |
| • Apple | • Heady | • Soft |
| • Balsamic | • Heavy | • Spicy |
| • Berry | • Herbal | • Sweet |
| • Caramel | • Lemon | • Tea |
| • Citrus | • Light | • Thin |
| • Cool | • Liqueur | • Velvety |
| • Dry | • Marine | • Warm |
| • Earthy | • Mellow | • Woody |
| • Edible | • Minty | • Other |
| • Floral | • Mossy | |
| • Fresh | • Orange | |

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Blend 4 Jasmine, Ylang Ylang, Allspice CO2 extract

Step 1: Label a bottle **Blend 4**. Put 10 drops of perfume alcohol or 10 drops of jojoba oil into a bottle to dilute the blend. Add two drops each of jasmine and ylang ylang. Write down what happens when they are blended together.

(Note: 2 drops of jasmine concrete is equal to a small pea.)

Middle Notes	Blend 4A: Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input checked="" type="checkbox"/> Jasmine concrete	2	
<input type="checkbox"/> Lavender absolute		
<input checked="" type="checkbox"/> Ylang ylang extra	2	

Step 2: Add two more drops of ylang ylang into the same bottle, and take note of the difference in the blend.

Middle Notes	Blend 4B: Total Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input checked="" type="checkbox"/> Jasmine concrete	2	
<input type="checkbox"/> Lavender absolute		
<input checked="" type="checkbox"/> Ylang ylang extra	4	

Step 3: Add one drop of allspice into the same bottle, and take note of the difference in the blend.

Middle Notes	Blend 4C: Total Drop Number	Blend Results
<input checked="" type="checkbox"/> Allspice CO2 extract	1	
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input checked="" type="checkbox"/> Jasmine concrete	2	
<input type="checkbox"/> Lavender absolute		
<input checked="" type="checkbox"/> Ylang ylang extra	4	

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Blend 5 Clary Sage, Lavender Absolute, Coffee CO2 extract

Step 1: Label a bottle **Blend 5**. Put 10 drops of perfume alcohol or 10 drops of jojoba oil into a bottle to dilute the blend. Add two drops each of clary sage and lavender absolute. Write down what happens when they are blended together.

Middle Notes	Blend 5A: Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input checked="" type="checkbox"/> Clary sage	2	
<input type="checkbox"/> Coffee CO2 extract		
<input type="checkbox"/> Jasmine concrete		
<input checked="" type="checkbox"/> Lavender absolute	2	
<input type="checkbox"/> Ylang ylang extra		

Step 2: Add two more drops of clary sage into the same bottle, and take note of the difference in the blend.

Middle Notes	Blend 5B: Total Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input checked="" type="checkbox"/> Clary sage	4	
<input type="checkbox"/> Coffee CO2 extract		
<input type="checkbox"/> Jasmine concrete		
<input checked="" type="checkbox"/> Lavender absolute	2	
<input type="checkbox"/> Ylang ylang extra		

Step 3: Add one drop of coffee into the same bottle, and take note of the difference in the blend.

Middle Notes	Blend 5C: Total Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input checked="" type="checkbox"/> Clary sage	4	
<input checked="" type="checkbox"/> Coffee CO2 extract	1	
<input type="checkbox"/> Jasmine concrete		
<input checked="" type="checkbox"/> Lavender absolute	2	
<input type="checkbox"/> Ylang ylang extra		

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Blend 6 Middle note accord of your choice

Step 1: Label a bottle **Blend 6**. Put 10 drops of perfume alcohol or 10 drops of jojoba oil into a bottle to dilute the blend. Add two drops each of two middle notes of your choice. Indicate your blend choices and write down what happens when they are blended together.

Middle Notes	Blend 6A: Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input type="checkbox"/> Jasmine concrete		
<input type="checkbox"/> Lavender absolute		
<input type="checkbox"/> Ylang ylang extra		

Step 2: Add two more drops of one of one of the middle notes you selected in step 1 into the same bottle. Indicate your drop number and take note of the difference in the blend.

Middle Notes	Blend 6B: Total Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input type="checkbox"/> Jasmine concrete		
<input type="checkbox"/> Lavender absolute		
<input type="checkbox"/> Ylang ylang extra		

Step 3: Add one drop of a third middle note into the same bottle, and take note of the difference in the blend.

Middle Notes	Blend 6C: Total Drop Number	Blend Results
<input type="checkbox"/> Allspice CO2 extract		
<input type="checkbox"/> Clary sage		
<input type="checkbox"/> Coffee CO2 extract		
<input type="checkbox"/> Jasmine concrete		
<input type="checkbox"/> Lavender absolute		
<input type="checkbox"/> Ylang ylang extra		