

## Fragrance Flight for Custom Perfume: Directions

### Welcome to your custom perfume! Your Fragrance Flight Kit includes:

- Mandy's curated set of 48 natural essences
- Set of 48 numbered perfume testing blotters
- Fragrance Flight for Custom Perfume: Essence Guide
- Return mailing label
- This instruction sheet

### How to do your Fragrance Flight and find your favorite essences:

1. Find your favorite Top Notes first (essences 1-16).
2. Beginning with essence 1 (Animalic Floral), put 5 drops of the essence onto the smaller end of perfume blotter number 1.
3. Smell the tip of the blotter and see how you feel about the aroma. If you love it, put that scent strip into your "Yes" pile. Please don't worry about what other essences it might go with, just decide if you love it or not.
4. Repeat the process for essences 2 through 16, returning to your "Yes" pile and narrowing your choices until you have just three. If your nose gets tired and things smell dull, inhale three times through a piece of wool fabric and you will be able to smell better. Breathing through wool revives your olfactory palate.
5. Write down the numbers of your three favorite Top Notes, in order of preference.
6. Repeat the process for the essences in the Middle Notes (17-32) and Base Notes (33-48) groups, finding and ranking the three essences you love the most from each. Please do not use more than a few drops of each essence.
7. Email your ranked choices back to Mandy and save your set of perfume blotters in their original bags for reference.
8. Mail back the essence kit, which must be returned in good condition, with no more than a few drops used of each essence.

Mandy will make a sample of your custom perfume based on your selections and mail it to you. When you have received the sample and worn it for a day, please email Mandy at [mandy@aftelier.com](mailto:mandy@aftelier.com) to set up a time to talk and give her your feedback. Mandy will make up to 2 revisions if needed, sending you a sample each time.