

The Natural Perfume Workbook – Level 1

Table of Contents

<i>Overview of Level 1 and Advanced Workbooks</i>	6
INTRODUCTION	8
<i>What Is Natural Perfumery?</i>	8
<i>The Perfumer’s Art</i>	9
<i>Natural Perfumery, Aromatherapy, and Synthetic Perfumery</i>	9
<i>Frequently Asked Questions</i>	10
<i>Activity 1 Comparing Natural and Synthetic Essences</i>	12
CHAPTER ONE <i>☞</i> PERFUMERY 101	13
<i>Methods of Extracting Essential Oils</i>	13
<i>The Perfumer’s Materials</i>	14
<i>Natural Essences</i>	14
<i>Alcohol</i>	16
<i>Jojoba Oil</i>	16
<i>Beeswax</i>	16
CHAPTER TWO <i>☞</i> THE PERFUMER’S TOOL KIT	17
<i>Useful tools and supplies</i>	17
<i>Source for supplies</i>	18
<i>Storing Natural Essences</i>	19
<i>A Note about Safety</i>	19
<i>Setting Up Your Work Environment</i>	19
CHAPTER THREE <i>☞</i> PERFUME NOTES	21
Top (or Head) Notes	21
<i>Bergamot</i>	22
<i>Blood Orange</i>	23
<i>Geraniol</i>	23
<i>Ho Wood</i>	23
<i>Black Pepper</i>	23
<i>Tarragon</i>	23
Middle (or Heart) Notes	23
<i>Allspice</i>	24
<i>Clary Sage</i>	24
<i>Coffee CO2 extract</i>	24
<i>Jasmine Concrete</i>	24
<i>Lavender Absolute</i>	25
<i>Ylang ylang extra</i>	25
Base Notes	26
<i>Coumarin</i>	28
<i>Frankincense</i>	28
<i>Labdanum</i>	28
<i>Oakmoss</i>	28

The Natural Perfume Workbook – Level 1

<i>Peru Balsam</i>	29
<i>Vetiver</i>	29
CHAPTER FOUR <i>☞ THE AFTELIER NATURAL PERFUME WHEEL™ AND VOCABULARY</i>	30
<i>Essence Classifications</i>	32
<i>Vocabulary</i>	33
<i>Activity 2 Introduction to Fragrances</i>	36
CHAPTER FIVE <i>☞ DURATION -- TOP, BODY AND DRYOUT NOTES</i>	91
<i>Activity 3 Essence Duration and Evolution</i>	92
CHAPTER SIX <i>☞ BLENDING OVERVIEW</i>	111
<i>Activity 4 Top Note Horizontal Accords</i>	115
Blend 1 Bergamot, Blood Orange, Tarragon	116
Blend 2 Ho Wood, Geraniol, Black Pepper.....	117
Blend 3 Top Note Accord of Your Choice	118
<i>Activity 5 Middle Note Horizontal Accords</i>	119
Blend 4 Jasmine, Ylang Ylang, Allspice CO2 extract	120
Blend 5 Clary Sage, Lavender Absolute, Coffee CO2 extract	121
Blend 6 Middle note accord of your choice.....	122
<i>Activity 6 Base Note Horizontal Accords</i>	123
Blend 7 Frankincense, Labdanum, Oakmoss	124
Blend 8 Coumarin, Peru Balsam, Vetiver.....	125
Blend 9 Base note accord of your choice.....	126
CHAPTER SEVEN <i>☞ VERTICAL ACCORDS</i>	127
<i>Activity 7 Creating Vertical Accords</i>	128
Blend 10 Peru Balsam, Jasmine, Black Pepper	129
Blend 11 Bergamot, Coffee CO2 extract, Coumarin	130
Blend 12 Tarragon, Lavender Absolute, Vetiver	131
<i>Activity 11 Creating Your Own Vertical Accords</i>	132
Blend 13 Your Choice.....	133
Blend 14 Your Choice.....	135
Blend 15 Your Choice.....	137
Blend 16 Your Choice.....	139
Blend 17 Your Choice.....	141
CHAPTER EIGHT <i>☞ ACCESSORY NOTES</i>	143

The Natural Perfume Workbook – Level 1

<i>Activity 9</i>	<i>Ranking Odor Intensity</i>	144
<i>Activity 10</i>	<i>Comparing Odor Intensity</i>	145
CHAPTER NINE <i>☞ PROBLEMS IN PERFUME STRUCTURE</i>		146
<i>Activity 11</i>	<i>Finding Faults</i>	148
Blend 18	Blood Orange, Jasmine Concrete, Peru Balsam.....	149
Blend 19	Tarragon, Lavender Absolute, Vetiver	150
Blend 20	Bergamot, Coffee, Coumarin.....	151
CHAPTER TEN <i>☞ SOLID PERFUMES</i>		152
<i>Activity 12</i>	<i>Making Solid Perfumes</i>	153
Blend 21	First Solid Perfume Formula.....	155
Blend 22	Second Solid Perfume Formula: You Decide the Proportions!.....	159
Blend 23	Third Solid Perfume Formula: You Decide the Proportions!	162
CHAPTER ELEVEN <i>☞ COMMERCIAL FRAGRANCE FAMILIES</i>		165
<i>Activity 13</i>	<i>Be a Fragrance Sleuth</i>	166
<i>Activity 14</i>	<i>Solid Perfume Formulas Using Essences From The Oil Kit</i>	168
<i>Activity 15</i>	<i>Solid Perfume Using Essences From Your Collection</i>	188
<i>Activity 16</i>	<i>Perfume Journal</i>	208