

Table of Contents

<i>Overview of Level 1 Workbook and Olfactory Training Workbook.....</i>	<i>6</i>
<i>What Is Natural Perfumery?.....</i>	<i>8</i>
<i>The Perfumer’s Art.....</i>	<i>9</i>
<i>Natural Perfumery, Aromatherapy, and Synthetic Perfumery.....</i>	<i>9</i>
<i>Frequently Asked Questions.....</i>	<i>10</i>
<i>Activity 1 Comparing Natural and Synthetic Essences.....</i>	<i>12</i>
CHAPTER ONE <i>☞</i> PERFUMERY 101.....	13
<i>Methods of Extracting Essential Oils.....</i>	<i>13</i>
<i>The Perfumer’s Materials.....</i>	<i>14</i>
<i>Natural Essences.....</i>	<i>14</i>
<i>Alcohol.....</i>	<i>16</i>
<i>Jobba Oil.....</i>	<i>16</i>
<i>Beeswax.....</i>	<i>16</i>
CHAPTER TWO <i>☞</i> SUPPLIES FOR DOING THE WORKBOOK.....	17
<i>Storing Natural Essences.....</i>	<i>18</i>
<i>A Note about Safety.....</i>	<i>18</i>
<i>Setting Up Your Work Environment.....</i>	<i>18</i>
CHAPTER THREE <i>☞</i> PERFUME NOTES.....	20
<i>Top Notes.....</i>	20
<i>Bergamot Citrus Bergamia.....</i>	<i>21</i>
<i>Blood Orange Citrus Sinensis.....</i>	<i>21</i>
<i>Geraniol.....</i>	<i>22</i>
<i>Ho Wood Cinnamomum camphora.....</i>	<i>22</i>
<i>Black Pepper Piper Nigrum.....</i>	<i>22</i>
<i>Tarragon Artemisia Drucunculus.....</i>	<i>22</i>
<i>Middle Notes.....</i>	22
<i>Allspice Pimenta Officialis.....</i>	<i>23</i>
<i>Clary Sage Salvia Sclerea.....</i>	<i>23</i>
<i>Coffee CO2 extract Coffea Arabia.....</i>	<i>23</i>
<i>Jasmine Concrete Jasmine Grandiflorum.....</i>	<i>23</i>
<i>Lavender Absolute Lavendula Offiinalis.....</i>	<i>24</i>
<i>Ylang ylang extra Cananga Odorata.....</i>	<i>24</i>
<i>Base Notes.....</i>	25
<i>Coumarin.....</i>	<i>26</i>
<i>Frankincense Boswellia Neglecta.....</i>	<i>26</i>
<i>Labdanum Cistus ladaniferus.....</i>	<i>26</i>
<i>Oakmoss Evernia prunastri.....</i>	<i>27</i>
<i>Peru Balsam Myroxylon Balsamum Pereirae.....</i>	<i>27</i>
<i>Vetiver Vetiver Zizanioides.....</i>	<i>27</i>
CHAPTER FOUR <i>☞</i> THE AFTELIER NATURAL PERFUME WHEEL™ AND VOCABULARY.....	28

<i>Essence Families</i>	29
<i>Vocabulary</i>	30
<i>Activity 2 Introduction to Fragrances</i>	33
CHAPTER FIVE <i>☞</i> DURATION -- TOP, BODY AND DRYOUT NOTES	88
<i>Activity 3 Essence Duration and Evolution</i>	89
CHAPTER SIX <i>☞</i> BLENDING OVERVIEW	108
<i>Activity 4 Top Note Horizontal Accords</i>	112
Blend 1 Bergamot, Blood Orange, Tarragon.....	113
Blend 2 Ho Wood, Geraniol, Black Pepper.....	114
Blend 3 Top Note Accord of Your Choice.....	115
<i>Activity 5 Middle Note Horizontal Accords</i>	116
Blend 4 Jasmine, Ylang Ylang, Allspice CO2 extract.....	117
Blend 5 Clary Sage, Lavender Absolute, Coffee CO2 extract.....	118
Blend 6 Middle note accord of your choice.....	119
<i>Activity 6 Base Note Horizontal Accords</i>	120
Blend 7 Frankincense, Labdanum, Oakmoss.....	121
Blend 8 Coumarin, Peru Balsam, Vetiver.....	122
Blend 9 Base note accord of your choice.....	123
CHAPTER SEVEN <i>☞</i> VERTICAL ACCORDS	124
<i>Activity 7 Creating Vertical Accords</i>	125
Blend 10 Peru Balsam, Jasmine, Black Pepper.....	126
Blend 11 Bergamot, Coffee CO2 extract, Coumarin.....	127
Blend 12 Tarragon, Lavender Absolute, Vetiver.....	128
<i>Activity 11 Creating Your Own Vertical Accords</i>	129
Blend 13 Your Choice.....	130
Blend 14 Your Choice.....	132
Blend 15 Your Choice.....	134
Blend 16 Your Choice.....	136
Blend 17 Your Choice.....	138
CHAPTER EIGHT <i>☞</i> ACCESSORY NOTES	140
<i>Activity 9 Ranking Odor Intensity</i>	141
<i>Activity 10 Comparing Odor Intensity</i>	142
CHAPTER NINE <i>☞</i> PROBLEMS IN PERFUME STRUCTURE	143
<i>Activity 11 Finding Faults</i>	145

Blend 18	Geraniol, Clary Sage, Oakmoss.....	146
Blend 19	Bergamot, Allspice, Coumarin.....	147
Blend 20	Blood Orange, Jasmine, Peru Balsam.....	148
CHAPTER TEN <i>✂</i> SOLID PERFUMES.....		149
<i>Activity 12</i>	<i>Making Solid Perfumes.....</i>	<i>150</i>
Blend 21	First Solid Perfume Formula.....	152
Blend 22	Second Solid Perfume Formula: You Decide the Proportions!.....	156
Blend 23	Third Solid Perfume Formula: You Decide the Proportions!.....	159
CHAPTER ELEVEN <i>✂</i> COMMERCIAL FRAGRANCE FAMILIES.....		162
<i>Activity 13</i>	<i>Be a Fragrance Sleuth.....</i>	<i>163</i>
<i>Activity 14</i>	<i>Solid Perfume Formulas Using Essences From The Oil Kit.....</i>	<i>165</i>
<i>Activity 15</i>	<i>Solid Perfume Using Essences From Your Collection.....</i>	<i>185</i>
<i>Activity 16</i>	<i>Perfume Journal.....</i>	<i>205</i>